



The She-Suite[®]
Summit 24

M.V.P.

Playbook

My Next Chapter Game Plan

Friday, March 8, 2024

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Welcome to **The She-Suite Summit24!**

This is your day of empowerment, connection, and transformative insights at The She-Suite Summit24 focused on your next chapter! No matter if you are launching into something new, working diligently through your current situation or closing a chapter, this day is dedicated to a transformation in transitions. Before we dive into today's rich agenda, let's take a moment to ground ourselves in intentionality.

Setting your intention for the day will help you focus, connect more deeply with the sessions, and ensure you extract the maximum value from this experience.

GETTING STARTED: MY COMMITMENT

My Commitment:

BE PRESENT:

I will dedicate today to my growth by being present and removing distractions to fully engage with the sessions and speakers, setting this time to invest in myself.

BUILD MY PLAN:

Today, I will lay the foundation for my next chapter by drafting my own 90-day personal brand action plan. I commit to blocking time on my calendar within the next 48 hours to refine and finalize my action plan based on today's learnings.

CONNECT AND NETWORK:

I will actively participate in discussions, connect with fellow attendees on LinkedIn and expand my professional network by engaging with like-minded professionals and industry leaders

I'm all in!

(insert your name)

MAP MY DAY: SETTING MY INTENTIONS

Purpose-Powered Goals

Consider your definition of success for today. It could be discovering new insights, identifying opportunities, forming meaningful connections, or something entirely personal.

Intentions for Today. Write down three (3) specific goals you aim to achieve by the end of this Summit.

1.

2.

3.

Networking Goals

Networking is a core part of The She-Suite Summit experience. Think about the people you wish to meet and connect with today.

Who to Meet: Are there specific professionals, industry experts, or fellow attendees you're looking to meet? Note any names or characteristics that align with your networking goals. [List names, professions, or industries of interest]

Actionable Steps

Keep your intentions and goals in mind as you navigate today's sessions. Utilize breaks and networking events to connect with the people you've identified, and make the most of each session by focusing on the insights to help you transition through the challenges and changes of your career and life.

YOUR NEXT CHAPTER: WHAT'S HOLDING YOU BACK?

Before you can move forward, you must uncover what may be holding you back. Use the reflections from this session to begin to build your 90-Day Action Plan. It's important to confront the barriers that may be holding you back. This section is designed to help you identify those obstacles and set the stage for overcoming them.

Reflection Prompts: Defining Your M.V.P.

DEFINE SUCCESS:

Reflect on your personal mission, vision, and purpose. How do you define success?

IDENTIFY CHALLENGES:

Acknowledge the challenges or obstacles that lie on your path. These could be external circumstances, internal beliefs, or a combination of both.

Pinpoint the primary challenges you're currently facing. Consider how these challenges could affect your 90-day goals.

VISUALIZE PROGRESS:

Imagine a future where you've overcome these challenges. What does that look like and how does it make you feel?

Describe this vision, emphasizing how overcoming these obstacles propels you towards your 90-day plan's success.

COMMIT TO ACTION:

Real change starts with commitment. What are you willing to commit to today to move past your barriers?

Determine at least one action you can take. Ensure this action is a step towards fulfilling your 90-day plan. Identify an accountability partner in your plan, a trusted friend, mentor, or colleague to hold you accountable.

Notes & Reflections

Capture any "Ah Ha" moments or insights that strike you during this process.

Transform these insights into actionable ideas.

Note inspiring quotes or mantras that resonate with your journey.

DESIGN YOUR NEXT CHAPTER: BUILDING MY 90-DAY

Together, we will work through building out our individual 90-day plans. Please use the template and your own notes to work through assessing and then building out your plan of action. Use this time to make a commitment to prioritize success on your terms.

My Lifeline

Draw a simple timeline of your life's major chapters so far - childhood to teen years, post high school/college, early career, mid-career to now.

For each chapter, jot down a title and a brief note about significant moments or achievements and reflect on their impact on your development personally and professionally.

Identify recurring themes or lessons that helped you navigate the transition.

0 - 10	
10 - 20	
20 - 30	
30 - 40	
40 - 50	
50 - 60	
60 +	

Assess My Current Chapter

Reflect on your current chapter. Are you at the beginning, middle, or perhaps nearing the end of a significant chapter? Describe where you are right now and the defining challenges or themes. What is your next best step?

Set My North Star

Your North Star represents core motivations/values. It's your 'Why' (what The She-Suite coins your Mission, Vision, and Purpose)

Write down what drives you, what you're passionate about, and what ultimate goal you're working towards.

Consider how your North Star influences your decisions and actions.

Create Purpose-Powered Goals for Personal and Professional Life - 90-Day Plan

Pull out your 90-day plan template and begin to build out your plan.

What do you want to accomplish in the next 90 days?

Reflect on the barriers and identify strategies to overcome them over the next 90-days.

STAYING CONNECTED AFTER THE SUMMIT24

The connections you make today can become your strongest allies, mentors, and friends in the journey ahead. This section is designed to help you capture and reflect on the valuable contacts you've made during the summit. More than networking, it's about building your She-Suite Community.

Networking Reflections:

MAKING MEANINGFUL CONNECTIONS:

Think back on the conversations that inspired you or provided a new perspective. Whom did you meet who inspired you

or offered a perspective that resonated with your journey?

Note the names and a summary of these enriching discussions.

FOLLOW-UP PLANS:

For each new connection, jot down one action item for follow-up. This could be as simple as connecting on LinkedIn, scheduling a virtual coffee chat, or sharing a resource you discussed.

STRATEGIZING FOLLOW-UPS:

Prioritize your follow-up actions based on your immediate goals and the mutual benefits of these relationships. Remember, the strongest networks are built on genuine relationships and shared value.

Set reminders for yourself to reach out within the next week while the conversation is still fresh in both your minds.

NOTE SPACE:

People I Met Today:

Conversation Highlights:

Follow-Up Action Items:

Name _____ Date _____

ACTION PLAN:

MISSION:

VISION:

PURPOSE:

VALUES:

BRAND

Action Plan

S.M.A.R.T GOALS	DAILY/WEEKLY ACTION	DEADLINE	RESOURCES NEEDED	ACCOUNTABILITY PARTNER
PRO PROFESSIONAL (ALIGN WITH MY WORK & DEVELOPMENT PLAN PRIORITIES)				
PERSONAL (ALIGN WITH MY WELL-BEING PRIORITIES)				

To continue engaging with the She-Suite community and access a wealth of resources and support, join us on our platforms



Follow The She-Suite for updates, articles, and networking opportunities.



Stay connected with The She-Suite community for inspiration, event highlights, and more.

HOW SHE DID IT NEWSLETTER

Subscribe on LinkedIn for insightful stories and professional tips.

NEW LEAGUE OF LEADERS

Visit newleagueofleaders.com for additional resources and community

Session Notes & Reflections

CONNECTIONS

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MY NEXT CHAPTER – MY TERMS

Capture your key take away moments to summarize as a whole Summit24. Any moments realizations or items that are note worthy to bring forth into this next chapter that you are working on building and evolving into.

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